



Official Entry and Release Form Totem to Totem Run/Walk May 12th 2018



Please Print:

Name: _____

Phone: _____ Age: _____ Male: _____ Female: _____

Mailing Address: _____ Email Address: _____

City: _____ State: _____ Zip: _____

T-shirt Size (circle one): S M L XL XXL

Divisions

Run _____

Walk _____

Relay Teams

Submit Separate Signed Form For Each Team Member

Team Name: _____ Captain Name: _____

Two Member: _____ Four Member: _____ Other (specify no. of members): _____

Entry Fees

\$50 Registration fee by April 2nd
\$60 after April 2nd

Total Payment Enclosed:

Paid _____ **Cash** _____ **Check Number** _____

Make Checks Payable to:

Ketchikan Running Club

Mail to: *KRC/ Totem Totem*
P.O. Box 23609
Ketchikan, Alaska 99901

Please Read and Sign Below: I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter & participate unless I am medically able & properly trained, & by my signature, I certify I am medically able to perform this event, am in good health, & I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat &/or humidity, traffic & the conditions of the course, all such risks being known & appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, & headsets are not allowed in the race & I will abide by this guideline. Having read this waiver & knowing these facts & in consideration of your accepting my entry, I, for myself & anyone entitled to act on my behalf, waive & release from all claims or liabilities of any kind arising out of my participation in Ketchikan Running Club events, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby permit the use of my name & picture in news releases & advertising releases. I understand my entry fee is non-refundable.

Signature _____ **Date** _____